

Patient information

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This information can be provided in a different language or format (e.g. large print, Braille or audio version) on request.

This is a smokefree Trust. Smoking is not allowed in any of our hospital buildings or grounds.

The Trust will not tolerate aggression, intimidation or violence.

24 hour urine collection

24-hour urine collection

It is important that an accurate collection is made of all the urine you pass in a 24-hour period.

Please ensure that the urine containers that you have been given have the correct information on each label. If your details have not been recorded, please write your name, hospital number (if you know it) and the name of your GP or Hospital on each label. Please note your sample will not be tested unless this information is completed.

Do not empty out any liquid or powder that may already be in the urine container. Some containers have a strong acid added to act as a preservative for certain tests. These urine containers will be clearly marked with a warning label - please read the warning label carefully.

You may find it more convenient to pass urine into a small clean container and transfer the urine into the larger collection container.

Please ensure that the urine is kept in a cool place at all times during the collection period.

Store in a safe place away from children.

Procedure

1. When you get up on the first morning of the collection, empty your bladder completely into the lavatory. Do not collect this sample.
2. The next time you need to pass urine, write the exact date

and time on the larger urine container label under the heading 'COLLECTION START'.

3. Collect all the urine you pass after this time into the larger urine container provided. All urine passed during the 24-hour period (day and night) must be saved. Urine passed during bowel movements must also be collected. Don't forget to store the collected urine in a cool place.
4. When you get up on the second morning (at exactly the same time as the previous morning), empty your bladder again and add this sample to the collection container. Write the exact date and time on the urine container label under the heading 'COLLECTION FINISH'.
5. Take the 24-hour urine collection as soon as possible (the same day the collection finishes) to the pathology department at Basildon Hospital or blood tests at Orsett Hospital.

Do not start the collection on a Friday or Saturday.

How do I get the result?

The result will be sent to your doctor who will normally receive approximately one week after the test. For reasons of confidentiality the Laboratory is not allowed to give the result to you.

If you need any more information, please telephone the laboratory on 01268 524900 extension 3030 or ask your GP.

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01268 394440

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